

SEVERE WEATHER! ARE YOU READY?

Lightning

Lightning strikes kill more Americans than tornadoes or hurricanes. Don't take chances with this deadly force of nature.

Lightning Safety Rules:

- Move to low ground.
- Avoid open fields.
- Do not seek shelter under a tree. Trees are easy targets for lightning.
- At the beach, or in a swimming pool, get out of the water immediately.
- Go inside a building and stay away from windows and doors.
- Stay away from metal objects.
- Avoid electric appliances and metal plumbing.
- Get off the phone.
- Do not touch metal objects, such as golf clubs or bicycles.
- Inside a car is relatively safe, but don't touch interior metal.
- If your hair stands on end, you may be a target. Crouch low on the balls of your feet and try not to touch the ground with your knees or hands.

Stay aware and play it safe during thunderstorms. Don't be a lightning rod.

This public service message is brought to you by



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